### Welfare Flowchart

**Does someone require urgent medical attention?**
- Call for a First Aider from the Porter’s Lodge on 01865 (2)70600, or call 111 or an ambulance on 999 (notify the Porter’s Lodge so that they can direct the ambulance).

**Is someone experiencing significant mental health issues at this moment?**
- Contact the Porter’s Lodge on 01865 (2)70600 and/or call the Student Welfare Lead on 01865 270525 (daytime) or Student Welfare Advisor on 07805 784964 (overnight/weekends).

**Is someone experiencing a medical or mental health crisis that doesn’t require immediate attention?**
- Contact one of the Welfare Staff listed in the green section to the right, or your GP Surgery. The **University Counselling Service** is also a free service for students (counselling@admin.ox.ac.uk).

**Has someone been a victim of discrimination, harassment or a criminal offence?**
- Discrimination & Harassment: Inform one of the College Harassment Advisors
  - Dr Stephen Rayner (Senior Tutor)
  - Jo Ockwell (Student Welfare Lead)
  - Prof Damian Tyler, GB Fellow (damian.tyler@cardiov.ox.ac.uk)
  - Criminal Offence: You are encouraged to contact Thames Valley Police. If this is not appropriate, please contact the Student Welfare Lead or Student Welfare Advisor.

**Has someone been a victim of sexual violence or harassment?**
- If you need support, or advice on what to do next, contact the **Oxford Sexual Harassment and Violence Support Service** (ox.ac.uk/students/welfare/supportservice).

**Is someone experiencing financial hardship?**
- Contact the College Accountant, Elaine Boorman (college.accountant@some.ox.ac.uk).

**Is someone experiencing stress or anxiety not related to any of the above?**
- Contact any of the people or organisations in the blue or green sections of this poster. You can also speak to your **Personal Tutor** (all students are sent an email at the start of the year regarding who their Personal Tutor is).

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### External Support

**Accident and Emergency**
- John Radcliffe Hospital, Headley Way,Headington, Oxford
- Call 116 123 oxfordshiremind.org.uk/support-for-you/safe-haven/

**Samaritans**
- Call 116 123 oxfordshiremind.org.uk/support-for-you/safe-haven/

**Nightline Association**
- Call 0800 068 4141
- papyrus-uk.org/

**Papyrus – Prevention of Youth Suicide**
- Call 0800 068 4141
- papyrus-uk.org/

**Oxfordshire Sexual Abuse and Rape Crisis Support**
- osarcc.org.uk/
- solacesarc.org.uk/

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### College Welfare Team

**Office Hours**
- Jo Ockwell, Student Welfare Lead, House 4, 01865 270525 welfare.lead@some.ox.ac.uk, Mon-Thurs 9am-5pm
- Steve Rayner, Senior Tutor, House 6, 01865 270629 senior.tutor@some.ox.ac.uk, Mon-Fri 9am-5pm
- Jenny Fitzgerald, College Nurse, Darbs 16, 01865 270608 pml.somervillenurse@nhs.net, Mon-Fri 10:30am-4pm
- From Nov 20th 2023
- Elizabeth Edginton, College Counsellor, college.counsellor@some.ox.ac.uk, Wednesdays 8am-4pm

**7pm-7am and all weekend**
- Student Welfare Advisors: Call 07805 784964
- Jisoo          Shamsideen         Tamsin

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### MCR Welfare Team

We’re Sana and Misbah the MCR Welfare Officers. Please email us if you need advice, a chat, or have any other welfare related concerns.

- Sana          Misbah          Tamsin
- sana.shah@some.ox.ac.uk       misbah.reshi@some.ox.ac.uk