#### **WELFARE FLOWCHART**

Does someone require urgent medical attention?



Call for a **First Aider** from the **Porter's Lodge** on **01865 (2)70600**, or call **111** or an ambulance on **999** (notify the Porter's Lodge so that they can direct the ambulance).

Is someone experiencing significant mental health issues at this moment?



Is someone experiencing a medical or mental health crisis that doesn't require immediate attention?

Contact one of the Welfare Staff listed in the green section to the right, or your GP Surgery.

The **University Counselling Service** is also a free service for students (counselling@admin.ox.ac.uk)

Has someone been a victim of discrimination, harassment or a criminal offence?

Discrimination & Harassment: Inform one of the College Harassment Advisors
Dr Stephen Rayner (Senior Tutor)
Jo Ockwell (Student Welfare Lead)
Prof Damian Tyler, GB Fellow
(damian.tyler@cardiov.ox.ac.uk)
Criminal Offence: You are encouraged to contact Thames Valley Police. If this is not appropriate, please contact the Student
Welfare Lead or Student Welfare Advisor.

Has someone been a victim of sexual violence or harassment?



Is someone experiencing financial hardship?



Is someone experiencing stress or anxiety not related to any of the above? Contact any of the people or organisations in the blue or green sections of this poster. You can also speak to your **Personal Tutor** (all students are sent an email at the start of the year regarding who their Personal Tutor is).

#### **EXTERNAL SUPPORT**

#### **Accident and Emergency**

John Radcliffe Hospital, Headley Way, Headington, Oxford

### **College Doctors**

Call 01865 429993
Observatory Medical Practice, Jericho
Health Centre

#### Samaritans

Call 116 123 oxfordshiremind.org.uk/support-for-you/safe-haven/

#### **Nightline Association**

Call 01865 270270 oxford.nightline.ac.uk/

#### Papyrus – Prevention of Youth Suicide

Call 0800 068 4141 papyrus-uk.org/

Oxfordshire Sexual Abuse and Rape Crisis Support

osarcc.org.uk/ solacesarc.org.uk/

# COLLEGE WELFARE TEAM Office Hours



Jo Ockwell, Student Welfare Lead House 4, 01865 270525 welfare.lead@some.ox.ac.uk Mon-Thurs 9am-5pm



Steve Rayner, Senior Tutor House 6, 01865 270629 senior.tutor@some.ox.ac.uk Mon-Fri 9am-5pm



Jenny Fitzgerald, College Nurse Darbs 16, 01865 270608 pml.somervillenurse@nhs.net Mon-Fri 10:30am-4pm From Nov 20<sup>th</sup> 2023



Elizabeth Edginton, College Counsellor college.counsellor@some.ox.ac.uk Wednesdays 8am-4pm

## 7pm-7am and all weekend

Student Welfare Advisors: Call 07805 784964







Jisoo

Shamsideen

Tamsin

#### MCR WELFARE TEAM

We're Sana and Misbah the MCR Welfare Officers. Please email us if you need advice, a chat, or have any other welfare

related concerns.



**Misbah** misbah.reshi@some.ox.ac.uk



Sana sana.shah@some.ox.ac.uk

