

Somerville College Welfare Information 22/23

Where can you get support from?

Everyone on this page has undergone welfare training, and are prepared and willing to help you address any issues you may have. We are all very knowledgeable about the different services available in Oxford to help you find what you need. Please don't hesitate to reach out for any confidential and non-judgemental support we can offer you.



Welfare Officer: Jo Ockwell
House 4, 01865 270 525
welfare.officer@some.ox.ac.uk



Senior Tutor: Steve Rayner
House 6, 01865 270 629
senior.tutor@some.ox.ac.uk



College Nurse: Rachel Slater
Darbshire 16, 01865 270 865
pml.somervillenurse@nhs.net



College Counsellor: David Anderson
To book an appointment, email
david.anderson@admin.ox.ac.uk

Junior Deans: to reach the on-call dean, call 07805 784964 or email deans.office@some.ox.ac.uk



Shamsideen Yusuf



Amine M'Charrak



Mohini Gupta

JCR Welfare Officers



Diya Badami



Tiago Costa

You can message us on Facebook with any questions or concerns that need addressing.

Peer Supporters MT22



Katie Walker



Maisie Witherden



Shine Park



Jessica Richards

Message us on Facebook, and check the JCR Noticeboard for drop-in times.

AVAILABILITY	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	
													Mon-Fri only
													24/7 on weekends
													Mon-Thu only

Key Information and Crisis Management

PHONE NUMBERS

- **Medical emergency** response service: 999 (112 on international phones)
- **Thames Valley Police station:** 01865 841148
- **Non-emergency police:** 101
- **Porters' Lodge:** 01865270600
- **Sexual Assault Referral Centre (SARC):** 0300 130 3036
- **Jericho Health Centre (GP):** 01865 429993
- **Samaritans:** 116 123
- **Nightline:** 01865 270270
- **SU Advice Service:** 01865 288466

ADDRESSES

- **John Radcliffe Hospital:** Headley Way, Headington, Oxford
- **Thames Valley Police:** St Aldates Police Station, Oxford
- **Sexual Assault Referral Centre (SARC):** Solace Centre, Police House, Queens Avenue, Bicester
- **Jericho Health Centre (GP):** New Radcliffe House, Walton Street
- **SU Advice Service:** 4 Worcester Street

PHYSICAL HEALTH

Emergencies: call 999 (or 112). When it is safe, contact the Welfare Officer, College Nurse or Junior Deans (depending on availabilities).

Non-emergencies: see the College Nurse for first aid, advice and referrals to the GP or hospital. If the Nurse is unavailable, see the Porters for first aid, or ring 111 for advice. Appointments with the GP can be made by contacting Jericho Health Centre.

Covid-19: if you develop any symptoms, arrange for a PCR test as soon as possible through the Oxford Early Alert Service or NHS, and contact treasurer Andrew Parker (treasurer@some.ox.ac.uk)

MENTAL HEALTH

Emergencies: if you or someone else is at risk of serious harm, call 999 (or 112) immediately. When it's safe, contact the Welfare Officer, College Nurse, Junior Deans or porters.

Non-emergencies (but still want help quickly): check the timetable to see who's available and get in touch. If no one on the College Welfare Team is available, or if you wish to speak anonymously, someone at Nightline or Samaritans will be available.

To schedule a university counselling appointment, go to www.ox.ac.uk/students/welfare/counselling. For support from other students, contact the JCR Welfare Officers, peer supporters, or Junior Deans.

CRIME AND SAFETY

Reporting crime: call the police on 999 (emergencies), 101 or 01865 841148. Incidents of sexual assault, discrimination or harassment within college can be reported to the College Dean at deans.office@some.ox.ac.uk.

Sexual Assault: if you choose to go to the Sexual Assault Referral Centre, a friend or member of the Welfare Team can accompany you, and you can ask the Porters for a free taxi.

Spiking: stay with your friend and ensure they get home safely. If their condition deteriorates, call 999 for an ambulance, and report the crime when safe to do so.

Support: if and when you feel ready, it is important to reach out and remember you have done nothing wrong. Any support you receive will be confidential and we will assist you with the reporting procedure if that is what you want. Whenever the incident occurred, the Welfare Team is here to help. Outside of college, you can also seek advice from the university's Sexual Harassment and Support Service.