

Somerville College Welfare Information 2021/22



Where can you get support from?

College Welfare Team

Welfare Officer: Jo Ockwell



House 4 - 01865 270 525 welfare.officer @some.ox.ac.uk

Senior Tutor: Steve Rayner



House 6 - 01865 270 629 senior.tutor @some.ox.ac.uk

College Nurse:



Darbishire 16 - 01865 270 865 somervillenurse @oxfordhealth.nhs.uk

Junior Deans



Anna Yakovleva Amine M'Charrak To contact the on call Junior Dean call 07805 784964 or email deans.office@some.ox.ac.uk

College Counsellor: David Anderson



To book an appointment, email david.anderson @admin.ox.ac.uk

Samaritans 116 123 jo@samaritans.org

Nightline 01865 270270 oxfordnightline.org

Student Union Advice Service 4 Worcester Street 01865 288466

Oxford University Counselling Service vww.ox.ac.uk/students/welfare/counselling counselling@admin.ox.ac.uk

Team elfare

JCR Welfare Officers



Katie Walker Alfie Brazier

Message us on Facebook or email katie.walker@some.ox.ac.uk alfie.brazier@some.ox.ac.uk

Peer Supporters



Ellie Walker

Ines Castro

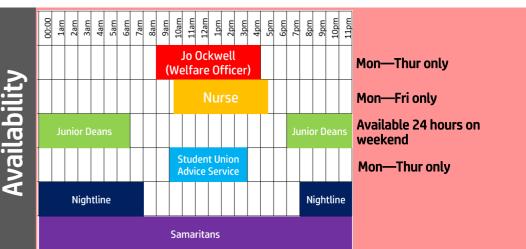
Jake Longley

Lily Sheldon

ellie.walker ines.castro jake.longley lily.sheldon corinne.barker alex.pay @some.ox.ac.uk @some.ox.ac.uk @some.ox.ac.uk @some.ox.ac.uk @some.ox.ac.uk

Alex Pav

Message us on Facebook or email peer.supporters@some.ox.ac.uk - check Facebook for drop in



Other welfare information

Key information

available within Oxford to help you

hesitate to get in touch with any of us

about any issues you may be facing,

nothing is too small or insignificant of

our time and nothing is too big for us

to be able to help you find a solution.

find whatever you need. Do not

Physical health

Everyone on this page has undergone Medical emergencies: call 999 (or 112 from welfare training and are prepared and international phones) immediately. When it is willing to help you address any safe to do so, someone should try to contact issues/concerns you may have. They the Welfare Officer, College Nurse or Junior will all provide **non-judgemental** and Deans—or the porters if no one else is confidential support to help you in available. any way they can. We are all very knowledgeable of the services

Medical non-emergencies: see the College Nurse for first aid, advice and referrals to the GP/hospital. Outside of the nurses hours see the Porters for first aid or ring 111 for advice. Appointments with the GP can be made by contacting Observatory Medical Practice.

If you are unsure of who to contact, see the college nurse or call 111 outside the nurse's hours.

Mental health

Mental health emergencies: if you or someone you know is at risk of serious harm, call 999 (or 112 from international phones) immediately. When it is safe to do so, someone should try to contact the Welfare Officer, College Nurse or Junior Deans—or the porters if no one else is available.

Non-emergencies, but still want help quickly:

Check the timetable to see who is available and use the contact details to get in touch. Most of the time someone on the College Welfare Team will be available quickly. On the very rare occasion that this is not possible someone will be available at Nightline or Samaritans. You can also contact the Senior Tutor or the JCR welfare team at *peer.supporters@some.ox.ac.uk*.

If you are unsure of who to contact, all of the welfare team are trained so contact whoever you feel most comfortable speaking to. For anonymous support contact Nightline, Samaritans or use an anonymous email to contact the JCR Welfare Team. For support from students, contact the JCR Welfare Officers, Peer Supporters or Junior Deans. For support from staff, contact the College Welfare Officer, College Counsellor or Senior Tutor. For university-wide support, contact the Student Union Advice Service or University Counselling Service. For support outside the university, contact Nightline or Samaritans.

Crime

Support: If and when you feel ready, it is important that you talk to someone, remembering that you have done nothing wrong. Any support you receive will be treated confidentially and we will assist you with the reporting procedure if that is what

Reporting a crime: To report a crime call the police on 999 (emergencies), 101 or 01865

Reporting Sexual Assault/Discrimination/Harassment: Incidents in college can be reported to the College Dean at deans.office@some.ox.ac.uk. Outside of college, you can seek advice from the universitys Sexual Harassment and Violence Support Service at https://www.ox.ac.uk/students/welfare/ supportservice. Wherever or whenever the incident occurred, the welfare team are all here to offer whatever support you need.

If you develop any symptoms of Covid-19 (high temperature, a new continuous cough, or a loss or change to your sense of smell or taste) arrange for a PCR test as soon as possible through the University's Early Alert Service or the NHS. You should also email Andrew Parker (treasurer@some.ox.ac.uk) and the Covid helpdesk, covid@some.ox.ac.uk, to let college know that you have booked a test. The college welfare team are here to support you through Covid in any way we can.