The Welfare Team

Welfare officer—Jo Ockwell

House 4 01865 270525
welfare.Officer@some.ox.ac.uk

Senior Tutor—Steve Raynor

House 06 01865 270629
senior.tutor@some.ox.ac.uk

College Nurse—Glenys Knighton

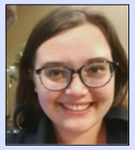
Darbishire 16 01865 270865
somenurse@nhs.net

College Dean— Beate Dignas

deans.office@some.ox.ac.uk

Junior Deans

Alex sheader



Sybilla Perera

To contact the on call Junior Dean call 07805 784964 or email deans.office@some.ox.ac.uk

SU sexual harassment and violence service
suppportservice@admin.ox.ac.uk

College Porters
01865 270600

Samaritans
116 123
jo@samaritans.org

Nightline
01865 270270
www.oxfordnightline.org

Student Union Advice Service
4 Worcester Street
01865 288466

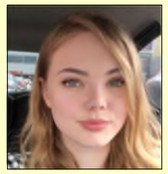
Oxford University Counselling Service
www.ox.ac.uk/students/welfare/counselling
counselling@admin.ox.ac.uk

JCR Welfare Officers—Corinne/Alex

Message us on facebook or email
corinne.barker@some.ox.ac.uk
alex.pay@some.ox.ac.uk

Peer Supporters

Alice



alice.vodden
@some.ox.ac.uk

Ellie

ellie.cooper
@some.ox.ac.uk

Ewan

ewan.connell
@some.ox.ac.uk

Fabio

fabio.rossi
@some.ox.ac.uk

Joel

joel.summerfield
@some.ox.ac.uk

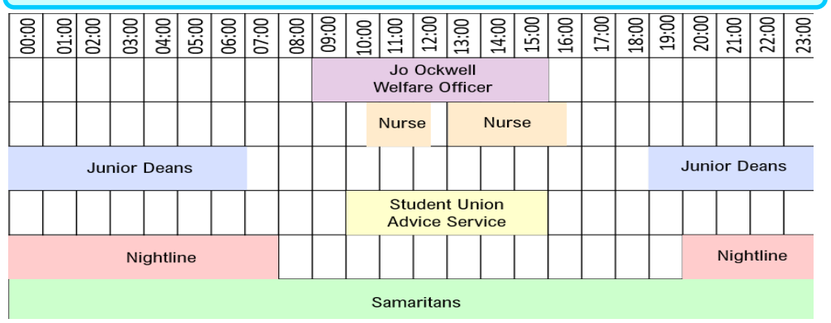
Message us on facebook or by email at peersupport@some.ox.ac.uk—check facebook for drop in sessions and events

College counsellor—David Anderson

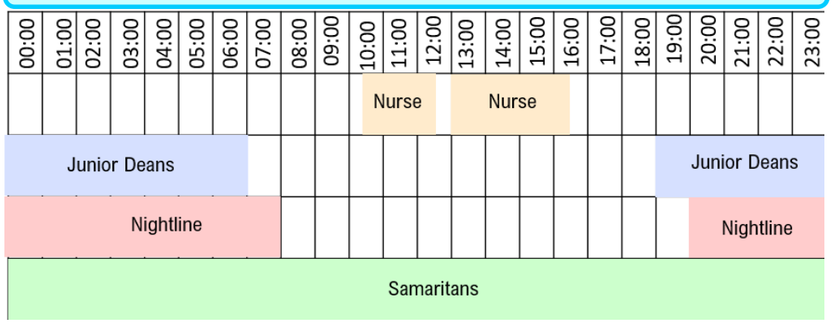
Book an appointment by email
college.counsellor@some.ox.ac.uk

Availability

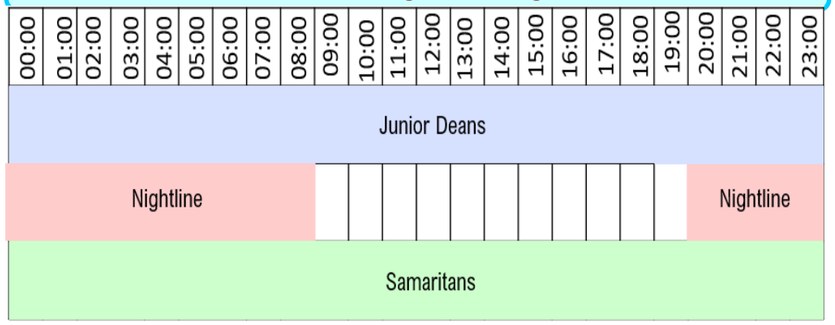
Monday-Thursday



Friday



Saturday/Sunday



Addressing Welfare Concerns

Key Information

Everyone listed on this page has undergone welfare training and are prepared and willing to help you address any issues or concerns you may have. They will all provide **non judgemental and confidential support** (confidentiality: https://www.some.ox.ac.uk/wp-content/uploads/2020/09/Somerville-College-Confidentiality-Policy-July-2020.docx) to help you in any way they can. We are all very knowledgeable of the services available within Oxford to help you find whatever you need. **Don't hesitate to get in touch with any of us about any issues you may be facing**, nothing is too small or insignificant of our time and nothing is too big for us to be able to help you find a solution.

Physical Health

Medical Emergency

If you or someone you know is experiencing a medical emergency call **999** immediately. Once it is safe to do so someone should try to contact the **Welfare Officer**, **College Nurse** or **Junior Deans**. (or the **porters** if non of the above are available)

Medical Non-emergency

For non-urgent medical needs, see the **College Nurse** for first aid, advice and referrals to the **GP/hospital**. Outside of the nurses hours see the **Porters** for first aid or ring **111** for advice. Appointments with the **GP** can be made by contacting **Observatory Medical Practice** at 01865 429993.

Unsure of who to contact

If you are unsure whether you or someone else is experiencing a medical emergency go to the **College Nurse**. Outside of her hours call **111** and they will tell you what to do.

Mental Health

Mental Health Emergency

If you or someone you know is at risk of serious harm call **999** immediately. Once it is safe to do so someone should try to contact the **Welfare Officer**, **College Nurse** or **Junior Deans**. (or the **porters** if non of the above are available)

Non-emergency but want help quickly

Check the timetable to see who is available and use the contact details to get in touch. Most of the time someone on the **College Welfare Team** will be available quickly. On the very rare occasion that this is not possible someone will be available at **Nightline** or **Samaritans**. You can also contact the **Senior Tutor** or the **JCR welfare team** at peersupport@some.ox.ac.uk.

Unsure of who to contact

All of the welfare team are trained so contact whoever you feel most comfortable speaking to. For anonymous support contact **Nightline**, **Samaritans** or use an anonymous email to contact the **JCR welfare team**. For support from students contact the **JCR welfare officers**, **peer supporters** or **Junior Deans**. For support from staff contact the **College Welfare Officer**, **College Counsellor** or **Senior Tutor**. For university wide support contact the **Student union advice service** or **university counselling service**. For support outside the university Contact **Nightline** or **Samaritans**.

Crime

Support

If and when you feel ready it's really important that you talk to someone, remembering that you've done nothing wrong. Any support you receive will be treated confidentially and we will assist you with the reporting procedure if that's what you want to do.

Reporting a crime

To report a crime call the police on **999** (emergencies), **101** or **01865 841148**.

Reporting Sexual Assault/Discrimination/Harassment

Contact the Sexual Harassment and Violence Support Centre at suppportservice@admin.ox.ac.uk. Incidents in college can be reported to the college Dean at deans.office@some.ox.ac.uk. Wherever or whenever the incident occurred the welfare team are all here to offer whatever support you need.

Covid-19

If you develop symptoms

If you experience any coronavirus symptoms (a **high temperature**, **continuous cough** or a **loss/change of taste/smell**) stay in your room, send an email to treasurer@some.ox.ac.uk and call the **porters** on **01865 270600** to let them know you're self isolating.

How to get tested

You can book a coronavirus test kit on the government website (https://www.gov.uk/get-coronavirus-test) or by using the university testing service: https://www.ox.ac.uk/coronavirus/health/covid-testing

NHS help/advice

If you're in any doubt about anything related to coronavirus check the **NHS** and **government websites** for advice, updates and guidance as this information may become outdated.

https://www.nhs.uk/conditions/coronavirus-covid-19/
https://www.gov.uk/coronavirus
https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do
https://coronavirus.data.gov.uk/