

## Important information about your Lateral Flow Devices

**You have been issued with three lateral flow devices (LFDs).**

**You are strongly advised to take the first of these tests as soon as possible, one in three days' time, and the final one on your tenth day in Oxford.**

You should **not** take the tests if:

- **You have returned from a country that is not on the travel corridor list.**  
You should instead self-isolate for ten days. LFDs **cannot** be used as part of the Government's 'Test to Release' scheme.
- **You have symptoms of COVID-19**  
You instead book a PCR test via the Early Alert Service, and follow the advice you are given when you receive your result.
- **You have had a positive PCR test result in the last 90 days**  
If this case, you are likely to have developed some immunity, which means the LFDs are not necessary

### Taking the tests

You should take the tests yourself. You do not need to book a slot for testing this term.

You **must** be familiar with the content on the training module on Canvas before you take the tests, as it includes important instructions about administering LFDs: <https://canvas.ox.ac.uk/enroll/KJNBLX>

This is very important for getting an accurate result. Even if you already completed the training in Michaelmas term, we encourage you to review the materials again to refresh your knowledge.

### Recording your results

Your result will be visible within 30 minutes. It is crucial that you immediately record the results of **each test** as soon as they are visible. You must do this via the result reporting section of the Early Alert Service: <https://earlyalert.medsci.ox.ac.uk>.

This will help the University and the NHS to understand how the virus spreads, helping to protect the community.

### What to do if you test positive

If you test positive in **any** of your LFD tests, you must self-isolate and take a confirmatory PCR test through the [Early Alert Service](#) and continue self-isolating until you know the results.

### After taking the tests

You should limit your social contact and interaction with others until you receive the result of your first test. If it is negative, you should continue to be cautious until you have taken your second test. If your second test is negative, you can take part in in-person teaching, and other activities such as organised sport. The third test will help us to identify any infections that might have been acquired in the week after the first week's testing.

You must continue to adhere to all health guidance and the Student Responsibility Agreement at all times.

### Why you should take the tests

Lateral Flow Device tests are an important tool in helping to stop the spread of COVID-19. Large numbers of students taking them will reduce the spread of COVID-19 across the community, help protect vulnerable people and minimise disruption in Hilary Term. While LFDs do not detect every case of COVID-19, if you follow the training carefully and take three tests at the start of term, this will significantly increase the chances that cases are detected – and in particular, cases that are likely to be transmitted to others.

### More information

For more information, please go to [www.ox.ac.uk/hilary-testing](http://www.ox.ac.uk/hilary-testing)