The Welfare Team

JCR Welfare Officers—Corinne/Alex
Message us on facebook or email corinne.barker@some.ox.ac.uk alex.pay@some.ox.ac.uk

Peer Supporters
Alice
Ellie
Ewan
Fabio
Joel
alice.vodden@some.ox.ac.uk
ellie.cooper@some.ox.ac.uk
ewan.connell@some.ox.ac.uk
fabio.rossi@some.ox.ac.uk
joel.summerfield@some.ox.ac.uk

College Welfare Team

College Nurse—Glennis Knighton
Deans.office@some.ox.ac.uk
somenurse@nhs.net

Senior Tutor—Steve Raynor
House 06 01865 270629
senior.tutor@some.ox.ac.uk

College Dean—Beate Dignas
01865 270885
somenurse@nhs.net

deans.office@some.ox.ac.uk

Junior Deans
Sybilla Perera
to contact the on call Junior Dean call 07805 784964 or email deans.office@some.ox.ac.uk

College Porters
01865 270600

SU sexual harassment and violence support service
admin.ox.ac.uk

Samaritans
116 123
jo@samaritans.org

Nightline
01865 270270
www.nightline.org

Student Union Advice Service
4 Worcester Street
01865 288466

Oxford University Counselling Service
www.ox.ac.uk/students/welfare/counselling

counselling@admin.ox.ac.uk

Addressing Welfare Concerns

Everyone listed on this page has undergone welfare training and are prepared and willing to help you address any issues or concerns you may have. They will all provide non-judgemental and confidential support (confidentiality: https://www.some.ox.ac.uk/wp-content/uploads/2020/09/Somerville-College-Confidentiality-Policy-July-2020.docx) to help you in any way they can. We are all very knowledgeable of the services available within Oxford to help you find whatever you need. Don’t hesitate to get in touch with any of us about any issues you may be facing, nothing is too small or insignificant of our time and nothing is too big for us to be able to help you find a solution.

Key Information

Medical Emergency
If you or someone you know is experiencing a medical emergency call 999 immediately. Once it is safe to do so someone should try to contact the Welfare Officer. College Nurse or Junior Deans. (or in the porters if non of the above are available)

Medical Non-emergency
For non-urgent medical needs, see the College Nurse for first aid, advice and referrals to the GP hospital. Outside of the hours the porters see the Porters for advice or ring 111 for advice. Appointments with the GP can be made by contacting the Observatory Medical Practice at 01865 429993.

Unsure of who to contact
If you are unsure whether you or someone else is experiencing a medical emergency go to the College Nurse. Outside of her hours call 111 and they will tell you what to do.

Mental Health Emergency
If you or someone you know is at risk of serious harm call 999 immediately. Once it is safe to do so someone should try to contact the Welfare Officer, College Nurse or Junior Deans. (or the porters if non of the above are available)

Non-emergency but want help quickly
Check the timetable to see who is available and use the contact details to get in touch. Most of the time someone on the College Welfare Team will be available quickly. On the very rare occasion that this is not possible someone will be available at Nightline or Samaritans. You can also contact the Senior Tutor or the JCR welfare team at peersupport@some.ox.ac.uk.

Unsure of who to contact
All of the welfare team are trained so contact whoever you feel most comfortable speaking to. For anonymous support contact Nightline, Samaritans or use an anonymous email to contact the JCR welfare team. For support from students contact the JCR welfare officers, peer supporters or Junior Deans. For support from staff contact the College Welfare Officer, College Counsellor or Senior Tutor. For university wide support contact the Student union advice service or university counselling service. For support outside the university Contact Nightline or Samaritans.

Support
If and when you feel ready it’s really important that you talk to someone, remembering that you’ve done nothing wrong. Any support you receive will be treated confidentially and we will assist you with the reporting procedure if that’s what you want to do.

Reporting a crime
To report a crime call the police on 999 (emergencies), 101 or 01865 841148.

Reporting Sexual Assault/Discrimination/ Harassment
Contact the Sexual Harassment and Violence Support Centre at support.service@admin.ox.ac.uk. Incidents in college can be reported to the college Dean at deans.office@some.ox.ac.uk. Wherever or whenever the incident occurred the welfare team are all here to offer whatever support you need.

If you develop symptoms
If you experience any coronavirus symptoms (a high temperature, continuous cough or a loss/change of taste/smell) stay in your room, send an email to treasurer@some.ox.ac.uk and call the porters on 01865 270600 to let them know you’re self isolating.

How to get tested

NHS help/ advice
If you’re in any doubt about anything related to coronavirus check the NHS and government websites for advice, updates and guidance as this information may become outdated. https://www.nhs.uk/conditions/coronavirus-covid-19/

Covid-19
If you’re in any doubt about anything related to coronavirus check the NHS and government websites for advice, updates and guidance as this information may become outdated. https://www.nhs.uk/conditions/coronavirus-covid-19/
https://www.gov.uk/coronavirus
https://coronavirus.data.gov.uk/