

# Welfare Support – A Guide for Students

**START**

Do you require immediate medical attention?

No

Yes

Call for a First Aider from the Porter's Lodge or an ambulance

Are you experiencing significant distress?

Yes

During office hours contact the Academic Registrar in House 4, on 01865 270525. Overnight (from 7pm-7am) and at weekends contact the on-call Junior Dean on 07805 784964\*

No

Are you experiencing a medical or mental health problem that does not require immediate medical attention? (This might include severe stress or anxiety)

Yes

Contact Dr Steel, Dr Sanderson, Dr Ch'en or the College Nurse, as soon as possible

No

Have you been the victim of discrimination, harassment or a criminal offence?

No

Are you experiencing stress or anxiety not related to any of the above?

No

Are you experiencing Financial Hardship?

No

Would you like to talk to someone who is not a member of college or University staff?

Yes

Contact the College Accountant

Yes

Contact the JCR/MCR Welfare Officers or a member of the Peer Support team

No

Contact your Personal Tutor, College Adviser, College Nurse or Academic Registrar

Criminal offence

You are encouraged to report the crime to Thames Valley Police. If this is not appropriate please contact the Dean

Discrimination

If alleged discrimination occurred in college inform the Dean. If outside of college contact the Equality and Diversity Unit

Harassment

If alleged harassment occurred in college inform The Dean or Senior Tutor who will put you in contact with a member of the College Harassment Panel. If outside of college contact the University Harassment Line

See sources of help available for stress and anxiety in pink box to the right. See College Doctor or College Nurse if you feel it is appropriate

\*Please note: Junior Deans are on-call overnight and at weekends. They are not available during weekdays. During the day please contact the Academic Registrar in House 4, or on 01865 270525. In the absence of the Academic Registrar please contact the Senior Tutor on 01865 270629

Porter's Lodge – 01865 270525

Jericho Health Centre, New Radcliffe House, Walton Street, Oxford OX2 6NW. Call 01865 429993 for appointments from 8:30-18:00 Monday to Friday.

Glenys Knighton (College Nurse) (Somerville - Darbshire 16)  
See the notice on her door, or the email circulated to all students, for times Glenys will be available.

The Dean – deans.office@some.ox.ac.uk  
Equality and Diversity unit – www.admin.ox.ac.uk/eop

The Dean – deans.office@some.ox.ac.uk  
The Senior Tutor – senior.tutor@some.ox.ac.uk  
University Harassment Line – 01865 270760 or harassment.line@admin.ox.ac.uk

Thames Valley Police Non-Emergency Number - 101  
The Dean – dean@some.ox.ac.uk

Help available for stress and anxiety  
Student Counselling Service: [www.ox.ac.uk/students/welfare/counselling](http://www.ox.ac.uk/students/welfare/counselling)  
OSUS Student Advice Service: [ousu.org/advice/student-advice-service](http://ousu.org/advice/student-advice-service)  
Somerville Peer Supporters: [blogs.some.ox.ac.uk/jcr/peer-support/peersupport@some.ox.ac.uk](http://blogs.some.ox.ac.uk/jcr/peer-support/peersupport@some.ox.ac.uk)  
Nightline: [users.ox.ac.uk/~nightln/](http://users.ox.ac.uk/~nightln/)

College Accountant – Elaine Boorman – 01865 270636 or [elaine.boorman@some.ox.ac.uk](mailto:elaine.boorman@some.ox.ac.uk)

JCR Welfare Officers: [blogs.some.ox.ac.uk/jcr/jcr-2/committee/](http://blogs.some.ox.ac.uk/jcr/jcr-2/committee/)  
MCR Welfare Officers: [blogs.some.ox.ac.uk/mcr/committee/](http://blogs.some.ox.ac.uk/mcr/committee/)  
Peer Supporters: [blogs.some.ox.ac.uk/jcr/peer-support/peersupport@some.ox.ac.uk](http://blogs.some.ox.ac.uk/jcr/peer-support/peersupport@some.ox.ac.uk)

All students are sent an email at the start of the academic year informing them of who their Personal Tutor or College Adviser is. If you aren't sure please ask the Academic Office, [academic.office@some.ox.ac.uk](mailto:academic.office@some.ox.ac.uk)  
Glenys Knighton (College Nurse) – [somenurse@nhs.net](mailto:somenurse@nhs.net)  
Jo Ockwell (Academic Registrar) – [jo.ockwell@some.ox.ac.uk](mailto:jo.ockwell@some.ox.ac.uk) or 01865 270525