

MTST Development Programme: Michaelmas Term 2017

	Date	Time	Topic	Speaker	Venue
Week 1	Tues 10/10/17	12.45-2pm	Writing Skills: Essays made easy (for Arts and Humanities)	Simon Kemp, Fellow and Tutor in French	FAH
	Thursday 12/10/17	5.30-6.45pm	Science Mixer: Mingle with scientists and engineers from the JCR, MCR and Junior Research Fellows, hear about plans for Science & Society meetings & suggest ideas of your own.	Jai Bolton and Dan Simonsen (2 nd Year Biologists & Development Award holders)	FAH
Week 2	Tuesday 17/10/17	12.45-2pm	Time Management: Get control of your time and realise the power of time off to beat procrastination and get more done.	Steve Rayner, Senior Tutor and Tutor for Graduates	MTC
	Thursday 19/10/17	12.45-2pm	CVs & Careers: Get ahead of the game - find out about micro internships, ways to enrich your CV & boost employability.	C Cockcroft & Damilola Odimayo, Careers Service https://www.careers.ox.ac.uk/	Park 5
Week 3	Tuesday 24/10/17	12.45-2pm OR 5.30-7pm (TBC)	Wake up to the Power of Sleep: Hear about research studies on students' sleep & impact on concentration, emotional resilience and wellbeing — transform your waking life.	Anissa Kempf (JRF) and Bryony Shearer (Research Clinical Psychologist, The Sleep and Circadian Neuroscience Institute)	MTC
	Thursday 26/10/17	From 5.30pm	The Rise of Big Data: Data-driven entrepreneurs discuss data analysis in diverse commercial sectors, careers opportunities, internships, followed by a networking reception.	Dr David Abensour, Chief Technology Officer, Blenheim Chalcot & Data Analysis company team.	FAH
Week 4	Tuesday 31/10/17	5.30-6.45pm	Travel Funding & Development Awards: Find out how to fund your dream summer project – project showcase & reception.	Claire Cockcroft and Travel/Development Award holders from 2017	MTC
Week 5	Tuesday 7/11/17	12.45-2pm	Volunteering & The Oxford Hub: Find out about volunteering, placements and social enterprise in Oxford and beyond.	Emma Anderson, Oxford Hub http://www.oxfordhub.org/	MTC
	Friday 10/11/17	12.45-2pm	Looking after your Mind: Practical tips, relaxation techniques and cultivating self-care/compassion to combat self-criticism.	Dr Natasha Langham	Maitland 19 / JCR
Week 6	Tuesday 14/11/17	5.30-6.30pm	Writing Skills: Reference Management Systems - invaluable tools to more efficiently prepare bibliographies & papers.	Anne Manuel, Librarian, Head of IT Services	MTC
Week 7	Tuesday 21/11/17	5.30-6.30pm	Interview Skills: Tips to improve your performance, make a good impression & avoid the cardinal sins of interviewing.	Fiona Mayhew (Alumna, Shell & Diageo, Mayhew Leadership Executive Coaching)	FAH
Week 8	Tuesday 28/11/17	5.30-6.30pm	Mastering Postgraduate Applications: Tips for applying for Masters programmes here and abroad.	Led by the MTST team, Careers Service and those who have recently gone through it.	FAH

The Margaret Thatcher Scholarship Trust (MTST) Development Programme is a series of skills workshops on issues that Somerville students have identified as important. They are open to all students, undergraduate and postgraduate, and occasionally our neighbouring colleges. Events take place in College on either **Tuesdays from 12.45-2pm**, when a FREE lunch is provided, or in the evenings before dinner.

Michaelmas Term's Programme introduces writing workshops, careers seminars and speaker evenings as well as other special events throughout the term. There will also be 'drop-in' advisory sessions to chat to the Programme Director about careers, CVs or Development Award applications.

WRITING SKILLS: We will be running a series of writing workshops during Michaelmas and Hilary Term. This starts with a general introduction to essay writing, which is mainly aimed at essay writing in the Arts and Humanities. Based on the feedback from this group, and follow-up with students and tutors during the term, further seminars/workshops relating to different aspects of writing and research will be organised, catering for different audiences and needs, for example:

- The art of writing scientific essays
- Writing skills and tips for non-native English speakers
- Essays under pressure – tips for exams
- Grammar/punctuation/style writing workshop, interactive with worked examples
- Critical Analysis of internet sources (small group interactive workshop – using IT training room)
- Reference Management Systems
- Opportunities for small group workshops to analyse essays
- Critical analysis of research papers

CAREERS SEMINARS AND PROFESSIONAL DEVELOPMENT: The University Careers Service provides a wide range of events throughout the year, as well as running micro-internship schemes (closing date Sunday 3rd week each term), Internship applications and professional development opportunities. Our **Careers seminars** start in 2nd week, with an overview of opportunities and the college's new e-mentoring platform, Aluminate. For those embarking on job applications, don't miss the talk on **interview skills** given by Somerville alumna Fiona Mayhew, who brings over 20 years' experience in the corporate world and is now an executive coach. For those contemplating the **Civil Service**, come and prepare yourself for fast-track selection with, 'The policy game' led by Hugh Nicholson-Lailey from the Careers Service (Wednesday 5th week, 8th November, 4-6.30pm in FAH). And if it's postgraduate study, in particular Masters applications, join us in 8th week.

DROP-IN SESSIONS: These take place in the Programme Director's office (Maitland 8) on the afternoons of Wednesday 4th week 1st November and Wednesday 8th Week 30th November, and other times by appointment; come to discuss your CV, internships or ideas for a summer Development Award.

OTHER SPECIAL EVENTS: The **JCR-MCR-SCR** and **MCR-SCR symposia** take place twice each term (Thursdays of 2nd & 6th week in the MTC) and are a great way to find out about Somervillians' research, meet new people and exchange ideas across disciplines over refreshments. Each term, MTST organises an interdisciplinary performance of literature, music and readings before Special Guest Night: this term our theme is Sleep & Dreams (Friday 5th week, 5.30pm, Chapel). The term starts with **A Night at the Museum** (Friday 0th week from 5-6.45pm, Pitt Rivers Museum) - Famed for its shrunken heads, the Pitt Rivers Museum is home to a collection of archaeological and ethnographic curiosities from around the globe. Explore the exhibits over refreshments and hear about opportunities for work experience, volunteering or creating your own project with Oxford's world-leading Museums.