Welfare Support – A Guide for Students

Do you require immediate medical attention?

- No
  - Are you experiencing significant distress?
    - No
      - Are you experiencing a medical or mental health problem that does not require immediate medical attention? (This might include severe stress or anxiety)
        - Yes
          - Have you been the victim of discrimination, harassment or a criminal offence?
            - No
              - Are you experiencing stress or anxiety not related to any of the above?
                - Yes
                  - Contact Dr Steel, Dr Sanderson, Dr Ch’en or the College Nurse, as soon as possible
                - No
                  - Are you experiencing financial hardship?
                    - Yes
                      - Would you like to talk to someone who is not a member of college or University staff?
                        - Yes
                          - Contact the College Accountant
                        - No
                          - Contact your Personal Tutor, College Adviser, College Nurse or Academic Registrar
                    - No
                      - If alleged harassment occurred in college inform The Dean or Senior Tutor who will put you in contact with a member of the College Harassment Panel. If outside of college contact the University Harassment Line
                      - Yes
                        - See sources of help available for stress and anxiety in pink box to the right. See College Doctor or College Nurse if you feel it is appropriate

- Yes
  - Call for a First Aider from the Porter’s Lodge or an ambulance
  - Criminal offence
    - You are encouraged to report the crime to Thames Valley Police. If this is not appropriate please contact the Dean
    - Discrimination
      - If alleged discrimination occurred in college inform the Dean. If outside of college contact the Equality and Diversity Unit
    - Harassment
      - If alleged harassment occurred in college inform The Dean or Senior Tutor who will put you in contact with a member of the College Harassment Panel. If outside of college contact the University Harassment Line
  - Financial Hardship
    - Contact the College Accountant
  - Stress or anxiety not related to any of the above
    - During office hours contact the Academic Registrar in House 4, on 01865 270525. Overnight (from 7pm-7am) and at weekends contact the on-call Junior Dean on 07805 784964*
    - Have you been the victim of discrimination, harassment or a criminal offence?
      - No
        - Are you experiencing stress or anxiety not related to any of the above?
          - Yes
            - Contact Dr Steel, Dr Sanderson, Dr Ch’en or the College Nurse, as soon as possible
          - No
            - Are you experiencing financial hardship?
              - Yes
                - Would you like to talk to someone who is not a member of college or University staff?
                  - Yes
                    - Contact the College Accountant
                  - No
                    - Contact your Personal Tutor, College Adviser, College Nurse or Academic Registrar
              - No
                - If alleged harassment occurred in college inform The Dean or Senior Tutor who will put you in contact with a member of the College Harassment Panel. If outside of college contact the University Harassment Line
  - Significant distress
    - During office hours contact the Academic Registrar in House 4, on 01865 270525. Overnight (from 7pm-7am) and at weekends contact the on-call Junior Dean on 07805 784964*
    - Have you been the victim of discrimination, harassment or a criminal offence?
      - No
        - Are you experiencing stress or anxiety not related to any of the above?
          - Yes
            - Contact Dr Steel, Dr Sanderson, Dr Ch’en or the College Nurse, as soon as possible
          - No
            - Are you experiencing financial hardship?
              - Yes
                - Would you like to talk to someone who is not a member of college or University staff?
                  - Yes
                    - Contact the College Accountant
                  - No
                    - Contact your Personal Tutor, College Adviser, College Nurse or Academic Registrar
              - No
                - If alleged harassment occurred in college inform The Dean or Senior Tutor who will put you in contact with a member of the College Harassment Panel. If outside of college contact the University Harassment Line
  - If alleged harassment occurred in college inform The Dean or Senior Tutor who will put you in contact with a member of the College Harassment Panel. If outside of college contact the University Harassment Line
  - If alleged discrimination occurred in college inform the Dean. If outside of college contact the Equality and Diversity Unit

*Please note: Junior Deans are on-call overnight and at weekends. They are not available during weekdays. During the day please contact the Academic Registrar in House 4, or on 01865 270525. In the absence of the Academic Registrar please contact the Senior Tutor on 01865 270629

Porter’s Lodge – 01865 270525
Jericho Health Centre, New Radcliffe House, Walton Street, Oxford OX2 6NW. Call 01865 429993 for appointments from 8:30-18:00 Monday to Friday.
Glenys Knighton (College Nurse) (Somerville - Darbishire 16)
See the notice on her door, or the email circulated to all students, for times Glenys will be available.

The Dean – deans.office@some.ox.ac.uk
The Senior Tutor – senior.tutor@some.ox.ac.uk
University Harassment Line – 01865 270760 or harassment.line@admin.ox.ac.uk
Thames Valley Police Non-Emergency Number - 101

Help available for stress and anxiety
- Student Counselling Service: www.ox.ac.uk/students/welfare/counselling
- OSUS Student Advice Service: ousu.org/advice/student-advice-service
- Somerville Peer Supporters: blogs.some.ox.ac.uk/jcr/peer-support/
- Nightline: users.ox.ac.uk/~nightln/

College Accountant – Elaine Boorman – 01865 270636 or elaine.boorman@some.ox.ac.uk

JCR Welfare Officers: blogs.some.ox.ac.uk/jcr/jcr-2/committee/
MCR Welfare Officers: blogs.some.ox.ac.uk/mcr/committee/
Peer Supporters: blogs.some.ox.ac.uk/jcr/peer-support/

All students are sent an email at the start of the academic year informing them of who their Personal Tutor or College Adviser is. If you aren’t sure please ask the Academic Office, academic.office@some.ox.ac.uk
Glenys Knighton (College Nurse) – somenurse@nhs.net
Jo Ockwell (Academic Registrar) – jo.ockwell@some.ox.ac.uk or 01865 270525